

Marlin News

December 2012

Coaching Staff

Pam Fulton: Head Coach

Jim Fulton: Assistant Coach

Carol Bollinger: Assistant Coach

**Jared Wesbecher: Piqua Branch
Aquatics Director & team finances**

**Kathi Roetter: Robinson Branch
Aquatics Director**

**Contact information can be found
under Contacts on Home page.**

All swimmers should be in the swing of things now and should be involved in swim meets. 'Tis the season to start dropping more time!!

It is our hope that you will have a wonderful holiday season spent with good friends and family.

See you around the pool!



Check out www.swimmcy.com

If you have questions regarding the Marlins' team, please first check the website for answers. Coaches are happy to help and will try to answer your questions, but would appreciate your efforts in trying to find the answers that most likely may be found at swimmcy.com. All members need to sign in before gaining access to information that non-members are unable to view. Be sure to click on tabs and also just place your mouse over some tabs that will reveal more information, especially in the "Team Calendar" section. Please also take a look at the articles added weekly under the Parent/Swimmer Education and Resources.

*Be sure to check the practice schedule during this busy time of year!

Upcoming Events

11-12 FUN!!! P.1

Meet Payments and Sign-Ups P.2

Coaches' Corner P.2

December Birthdays P.3

December and January Meets P.3

11-12 FUN!!!



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Come see what your teammates look like without their caps and goggles!!

When: Thursday, December 27th

2:30 - 4:30

Where: Jumpy's of Troy

What: Please bring \$12.00 for unlimited laser tag and extra money if you'd like for drinks/snacks

*Laser tag will end at 4:30 so that all swimmers can get to 5:00 practice.



Avoid Late Payment Fees

Swim team payments are due the first of each month and meet fees need to be kept current. Swimmers will not be able to continue swimming in practices or meets until all fees are made current. There will be a \$10.00 fee added to the total cost for the month with a payment not made by the 10th.

Having difficulties with meet sign-ups??

If you are having any trouble signing in to swimmcyc.com, notice an incorrect time for your swimmer when an event is clicked yellow, or see another section of the website that looks incorrect, please let Coach Pam know at any time by emailing her at headcoach@swimmcyc.com.

When there is a due date to sign up for a meet, there is little turn around time to make changes. Please be sure that all entries are completely correct including times, events, numbers, etc. In general, Friday evening events are #100s, Saturday events are #200s and Sunday events are #300s for a three day meet. If you cannot attend the meet to the end of a session, especially when relays are involved near the end of a meet, please make note of this information in the 'Notes' section when signing up.

Coaches' Corner

MCY practices are geared toward the swimmers being able to swim all strokes and ultimately being able to gain the endurance to swim an IM (individual medley - an event that includes all four strokes in the order of butterfly, backstroke, breaststroke and freestyle). The coaches' goal is that all swimmers will have the ability to swim an IM - 100 yards, 200 yards and eventually a 400 yard IM. Most swimmers will begin swimming this event as a 9-10, as breaststroke and butterfly are often out of range for some 8 and unders, especially those new to the team. As a swimmer gets older, this IM practice will help prevent injury, make swimmers do better in high school swimming and possibly be marketable for college as well. Most MCY practices are geared to help proficiency in all four competitive strokes. At meets, swimmers should continually work on their best events, but also their worst. There may come a time in age group swimming when swimmers who have highly achieved in one event may go several meets without improving in that one event. However, if they are working on all events/lengths available, they can still experience success by seeing gradual improvements in their 'off' events too. This is very important for a swimmer's psyche to be able to see improvement throughout such a long season.



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Happy Birthday!!!

2nd - Lauren Handley
4th - Hailey Isenbarger
10th - Julia Anderson
13th - Sophie Pitsenbarger
26th - Holly Rosengarten
30th - Natalie Courter
30th - Gabbie Knouff



December & January Meets

If you need help signing up for any meets, please see Coach Pam or contact her by email or phone.

December

1st-2nd	Coutryside YMCA Polar Bear Invite	Saturday - Sunday
8th	Darke County Invite	Saturday

January

4th-6th	GMVY Winter Invite (Middletown)	Friday - Sunday
11th-13th	PCY Winter Invite (Miami University)	Friday - Sunday



Interested in joining the MPAC???

If you have any interest in joining the MCY Parent Activities Committee, please be sure to let us know. The next meeting will be Tuesday, December 18th at 6:00 at the Robinson Branch.

We welcome new ideas!! The current committee consists of Julie Newcomer, Renee Woodward, Leslie Merle, Amy Fields, Jennifer Smith, Lisa Clark, Susan Hemm.



Newsorthy

Congratulations to Miami East Junior High School Honor Roll students Abby Bollinger, McKenna Bollinger, Mason Corliss, Alex Heim, Aly Jordan and Megan Lawson. McKenna also made National Jr. Honor Society. Way to go swimmers!!!

If you know something that could be added to our newsletter, please email information to Lisa Clark at lclark29@woh.rr.com. We would love to spread the word about our swimmers' achievements outside the pool too!
Thank you!

Page 3